

# HULLO

HULL BRANCH No 14  
BRITISH SUB-AQUA CLUB  
NEWS LETTER No 174  
April 2009



## HARD HAT DIVING

Sunday 15th March a group of us headed to York for the hardhat day at Appleton Roebuck.

The large cylindrical pool is over 4M deep and the premises are disguised as a house for planning reasons.

We were split into 2 groups to alternate with the recompression chamber and the hardhat dive. The staff were friendly and helpful and the briefings prepared us well.

We sat on a platform above the pool as staff fitted us with the huge lead boots and the heavy hardhat. They helped us in to the pool by holding the massive chest weights. Once on the pool floor it is possible to walk around taking care not to entangle the hoses or fall over. I felt unstable probably due to the chest weights and realised that it would be difficult, or impossible to get up if I fell over. We were advised that they would terminate the session if an inversion occurred and this helped me to focus on remaining upright.

There is a magnetic letter board, (somebody, please give them a full alphabet) and two lifting bags with tyres attached, as well as a bicycle to ride. The bicycle was challenging and some of us did better than others!

We had a beer at the bar and a decent lunch, which I think we all



enjoyed, then our group did the recompression chamber.

Four at a time, we went to fifty metres and it was amusing even from the outside to note the tennis ball invert and the guys laughing at their Donald Duck voices. Clearing ears on the descent was hard initially as it needed to be practically continuous. As we came back up it cooled down again and we sobered up.

For the next few hours I was aware of a sense of lethargy, similar to longer air dives. Perhaps we should have asked for a raised partial pressure of oxygen during the ascent?

We all had an awesome day out, and many thanks to Gavin for organising it. Any diver who has not done this should give it a go!

James and Bob Higson.

# PICTURES FROM THE A.G.M.

By Trevor Jones

HULLO is the newsletter of the Hull Branch of the British Sub-Aqua Club.  
Please send your contributions to the Editor - Don Wilson - don@poorlyleg.karoo.co.uk  
Visit the club's web site at [www.bsac14.org.uk](http://www.bsac14.org.uk)



Simon Precious  
Photographer of the Year - UK



Elaine - Trainee of the year



Helen, Terry, John and Elaine  
Ocean Divers

**DICK DAVIES - DIVER OF  
THE YEAR AWARD**

Goes to  
**Paul Field**

For his sterling work, maintaining  
the Club's Website



Joe Hodge  
Sports Diver



Chris Storey -Photographer of the  
Year - Overseas

### Hi Hull Members

Just thought you might like to know that the Midlands Diving Chamber is operational and able to receive patients from this morning. Put a few links below for you  
Best wishes

Ian

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[www.drSibley-caldermedicals.co.uk](http://www.drSibley-caldermedicals.co.uk)

### THE NOVICE OCEAN DIVER

“20m not 20mm”

Simon Precious’ partner Janet



### The Pub With No Beer

1. Well, the publican's anxious for the quota to come,

There's a faraway look on the face of the bum,

The maid's gone all cranky and the cook's actin' queer -

What a terrible place is a pub with no beer!  
: Oh, it's lonesome away from your kindred and all

Round a campfire at night, where the wild dingoes call

But there's nothin' so lonesome, so morbid or drear

As to stand in the bar of a pub with no beer.

2. The stockman rides in with his dry, dusty throat,

Goes up to the bar, pulls a wad from his coat,

But the smile on his face quickly turns to a sneer

When the barman says suddenly, "The pub's got no beer!"

3. There's a dog on the verandah, for his master he waits,

But the boss is inside, drinkin' wine with his mates,

He hurries for cover and he cringes in fear,  
It's no place for a dog, not a pub with no beer!

4. Then in comes the swagman, all covered with flies,

He throws down his roll, wipes the sweat from his eyes,

But when he is told he says, "What's this I hear?"

I've trudged fifty flamin' miles to a pub with no beer!"